



7<sup>th</sup>



# NATIONAL CONFERENCE ON TOBACCO OR HEALTH (NCTOH) 2026


## DEPARTMENT OF COMMUNITY MEDICINE AIIMS RAEBARELI




**DATE -**


**30<sup>th</sup> Jan to 1<sup>st</sup> Feb 2026**

**(PRE - CONFERENCE WORKSHOP: 29<sup>th</sup> Jan)**

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# THEME

## Tobacco Or Health



It's Your Choice!





# SUB THEMES

1. Tobacco use, cessation interventions and health system Integration
2. Tobacco and Oral Health
3. Tobacco and Mental Health
4. Tobacco and Cancer
5. Tobacco and respiratory diseases
6. Tobacco and Cardiovascular diseases
7. Tobacco and Spirituality
8. Communications, Media, and Public Awareness
9. Surveillance, Evaluation, and Data-Driven Decision Making
10. Health Equity and Tobacco Control
11. Tobacco and Addiction Science
12. Non-Cigarette Tobacco and Emerging Nicotine Products
13. Tobacco Product Regulation, Compliance, and Policy Enforcement
14. Tobacco Industry Strategies and Counter measures
15. Tobacco use among Youth and strategies for it's Prevention
16. Role of Nursing in Tobacco Control
17. Tobacco and Maternal health
18. Miscellaneous

# 1

## **Tobacco Use, Cessation Interventions, and Health Systems Integration**

- Advances in tobacco cessation treatments, including behavioural therapies and medications
- Innovative cessation interventions: digital health, AI tools, and telemedicine
- Integrating tobacco cessation into primary care, mental health, and oncology settings
- Workplace-based and community-driven cessation programs
- Strengthening the role of multidisciplinary teams in tobacco cessation

# 2

## **Tobacco and Oral Health**

- The impact of smoking and smokeless tobacco on dental and periodontal health
- Role of dental professionals in screening, counseling, and cessation support
- Integration of tobacco control in dental education and practice
- Oral cancer prevention strategies and early detection programs
- Public health initiatives linking oral health with tobacco cessation



# 3

## **Tobacco and Mental Health**

- Association of tobacco use with substance use disorders and mental health.
- Addressing dual addiction – Tobacco and Substance abuse
- Integrating tobacco cessation into mental health care services

# 4

## **Tobacco and Cancer**

- Tobacco as a risk factor for multiple cancers.
- The effects of smoking on cancer treatment outcomes, including radiotherapy
- Integrating tobacco cessation into oncology and palliative care
- The role of public health programs in reducing tobacco-related cancer burden
- Screening, early detection and prevention strategies for tobacco-related cancer

# 5

## **Tobacco and Respiratory Diseases**

- Epidemiology of Tobacco-Induced Respiratory Diseases
- Impact of Second-hand Smoke on Respiratory Health
- Environmental Tobacco Smoke and its effect on respiratory health
- Policy Frameworks for Reducing Tobacco-Related Respiratory Burden

# 6

## **Tobacco and Cardiovascular Diseases**

- The Impact of Tobacco on Cardiovascular Health
- Emerging Trends in Tobacco Use and Cardiovascular Health
- Tobacco Control Policies and their Impact on Heart Health
- Smoking Cessation and Cardiovascular Disease Prevention
- Research and Innovation in Tobacco-Related Cardiovascular Disease

# 7

## **Tobacco and Spirituality**

- The impact of tobacco on spiritual and physical wellbeing
- Culturally appropriate tobacco cessation program
- Spiritual approaches to overcoming tobacco addiction
- Tobacco, healing and spirituality
- Religious perspectives on smoking and tobacco consumption
- Ethical delima in regulating cultural vs commercial use of tobacco



# 8

## **Communications, Media, and Public Awareness**

- Best practices in tobacco control messaging and media advocacy
- Social media campaigns and influencer engagement in tobacco prevention
- Counter-marketing strategies to challenge tobacco industry narratives
- Strategies for youth engagement through digital platforms
- Evaluating the effectiveness of mass media interventions.

# 9

## **Surveillance, Evaluation, and Data-Driven Decision Making**

- Trends and patterns in tobacco use and cessation rates
- Leveraging big data, AI and digital tools for tobacco control research
- Evaluating the impact of tobacco control interventions and policies
- Conducting cost-effective surveillance with limited resources
- Effective communication of research findings to influence policy and practice

# 10 Health Equity and Tobacco Control

- Addressing disparities in tobacco use and cessation access
- Tailoring tobacco prevention strategies for marginalized populations
- Socioeconomic and cultural barriers in quitting tobacco
- Gender and LGBTQ+ considerations in tobacco control policies
- Community-driven approaches to promoting health equity in tobacco control

# 11 Tobacco and Addiction Science

- Mechanisms of nicotine addiction and its withdrawal
- Innovations in pharmacological and behavioral treatments for tobacco dependence
- Emerging research on synthetic nicotine and novel nicotine delivery systems
- Understanding the role of genetics and neurobiology in tobacco addiction



# 12

## **Non-Cigarette Tobacco and Emerging Nicotine Products**

- Public health implications of e-cigarettes, oral nicotine, and other alternative products
- The role of harm reduction in tobacco control
- Regulation and policy responses to novel tobacco products
- Emerging trends use of smokeless tobacco and their impact on health
- Addressing misinformation about new nicotine products

# 13

## **Tobacco Product Regulation, Compliance, and Policy Enforcement**

- Enhancing compliance with tobacco related health regulations
- Strengthening legal frameworks for tobacco products.
- Global and national perspectives on tobacco related tax policies and its price interventions
- Road Blocks in advancing tobacco control measures
- Monitoring and enforcing tobacco control policies at the community level

# 14

## **Tobacco Industry Strategies and Countermeasures**

- The evolving tactics of the tobacco industry, including corporate social responsibility (CSR) initiatives
- Interference of tobacco industry in policy-making and public health research
- Cross-industry collaborations between tobacco, cannabis, and other sectors
- Exposing misinformation and deceptive marketing strategies
- Effective advocacy and legal strategies to counteract industry influence

# 15

## **Tobacco use among Youth and strategies for it's Prevention**

- School and community-based interventions to prevent tobacco initiation.
- Youth-led advocacy and policy engagement in tobacco control.
- Addressing the influence of social media and digital marketing on use of tobacco among youth.
- Strengthening minimum age enforcement policies for sales of tobacco sales
- Integrating tobacco control into medical – education and training



# 16

## Role of Nursing in Tobacco Control

- Empowering nurses as frontline advocates for tobacco cessation
- Integrating tobacco control into nursing education and training
- Expanding nursing-led cessation services in hospitals and primary care
- Community-based nursing interventions for tobacco prevention and cessation
- Policy and advocacy roles of nurses in tobacco control efforts

# 17

## Tobacco and Maternal health

- Effects of tobacco on maternal and Fetal outcomes
- Influence of education, income, and cultural norms on tobacco use in women
- Effect of continued tobacco use during breastfeeding
- Integration of tobacco screening into antenatal care
- Tobacco and Nutrition During Pregnancy

# ABOUT US

## HOST INSTITUTE

The All India Institute of Medical Sciences (AIIMS) Raebareli was established as an institution of national importance to provide high-quality medical education, research, and healthcare services.

All India Institute of Medical Sciences (AIIMS) at Raebareli in Uttar Pradesh was approved in February, 2009 under Phase-II of Pradhan Mantri Sawasthya Suraksha Yojana (PMSSY).

The institute is committed to providing world-class medical education, research opportunities, and advanced healthcare services.

AIIMS Raebareli has a rapidly expanding healthcare infrastructure with multiple specialized and super-specialized departments. Its associated hospitals provide comprehensive medical care to patients from Uttar Pradesh and neighbouring regions. The institute is equipped with state-of-the-art facilities, including a modern medical research center, high-tech laboratories, and simulation-based training centers.





# Department of Community Medicine AIIMS RAEBARELI

**ORGANIZING  
DEPARTMENT**



The Department of Community Medicine was founded with the vision of strengthening public health and preventive medicine. The department is actively involved in MBBS, MD, nursing and paramedical teaching and training programs, fostering the development of skilled healthcare professionals.

Department has been nominated as the nodal center for all tobacco related activity in Uttar Pradesh. It also runs a OPD in hospital premises along with a Tobacco Cessation Clinic (TCC) which specifically focuses on treatment and prevention on the use of tobacco. It operates health centres at Urban (CUHA) and rural (CRHA) area, thus playing a crucial role in providing health care to the community.

Additionally, the department collaborates with national health programs, conducting tobacco related and other research and implementing innovative healthcare models. It is deeply engaged in high quality workshops and training sessions on research methodology, qualitative research, systematic reviews and meta-analyses, and various national health programs. Furthermore, the department plays a significant role in epidemiological research, health promotion, and policymaking initiatives aimed at enhancing community health outcomes



# Glimpse of Tobacco related activities



Inauguration of TCC

Tobacco Related Outreach Activity



Steps toward Tobacco Free AIIMS Campus



# CONFERENCE VENUE



Multi purpose hall was inaugurated in 2023 by Executive Director of AIIMS Raebareli, situated within northern side of AIIMS campus.

The venue can accommodate 800 participants with dedicated space for commercial and non-commercial exhibition, catering, and networking areas.



Venue is equipped with latest audiovisual system, video conferencing facility and high-speed internet connection which makes it ideal space for conference.





# How to reach Raebareli

Raebareli is one of the six districts of the Lucknow Division, situated on the banks of the Sai River, also referred to as the Aadi Ganga, is a tributary of the Gomti River in the Indian state of Uttar Pradesh. The landscape is a mix of urban areas, farmlands and some patches of forest, giving it a diverse geographical character. Transport- Raebareli is well-connected by road and rail, making it accessible for attendees from various

## AIR CONNECTIVITY

The nearest airport to Raebareli is Chaudhary Charan Singh International Airport at **Lucknow** which is approximately 80 km from Raebareli. Other airports close to Raebareli district are **Kanpur Airport** (120km), **Prayagraj Airport** (122km), **Ayodhya Airport** (125km) and **Varanasi Airport** (219km). From there, attendees can easily reach Raebareli by road or taxi.



# ROAD CONNECTIVITY

Raebareli is well connected by road to major cities like Lucknow, Kanpur, and Varanasi. The National Highway 30 passes through Raebareli, facilitating smooth travel of the country. This can facilitate better participation and networking.

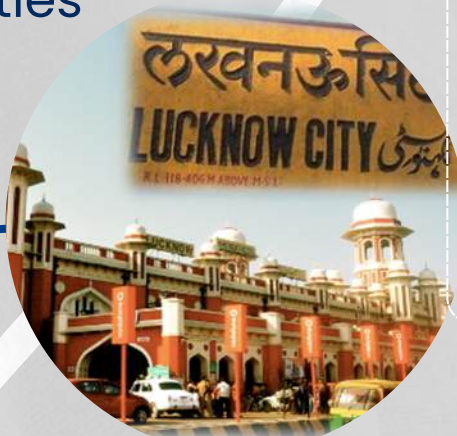
Important highways through Raebareli are:

- Raebareli-Ayodhya Highway (**NH330A**)
- Raebareli-Tanda Highway (**NH128**)
- Kanpur-Raebareli-Varanasi Highway (**NH31**)
- Lucknow-Raebareli-Prayagraj Highway (**NH30**)



## RAILWAYS

Raebareli Junction lies on Varanasi-Rae Bareli-Lucknow line and Raebareli-Allahabad rail line of the Northern Railway. Some of the destinations covered by trains passing through Rae Bareli Junction are Lucknow, Allahabad, Varanasi, Jaisalmer, Shakti Nagar, Puri, Bhopal, Howrah, Amritsar, Jodhpur, Bareilly, Dehradun, Lalkuan, Jammu Tawi, Saharanpur, Bangalore, Mumbai, New Delhi, Kanpur and others. There is direct superfast train (e.g Vande Bharat Express) connection with multiple nearby major cities





# ORGANIZING COMMITTEE



**Chief Patron**  
**Maj Gen (Dr) Vibha Dutta**  
*Executive Director  
AIIMS Raebareli*



**Co-Patron**  
**Dr. Niraj Kumari**  
*Dean Academics  
AIIMS Raebareli*



**Organizing Chairman**  
**Dr. Bhola Nath**  
*Prof. and Head  
Dept of Community Medicine  
AIIMS Raebareli*



## Co – organizing Chairman



**Dr. Mukesh Shukla**  
*Associate Professor  
Dept of Community  
Medicine  
AIIMS Raebareli*

**Dr. Narendra Pal**  
*Associate Professor  
College of Nursing  
AIIMS Raebareli*



# Secretary & Treasurer

## **Dr. Sourabh Paul**

Associate Professor  
Dept of Community  
Medicine  
AIIMS Raebareli



# Joint Secretary

## **Dr. Abhay Singh**

Associate Professor  
Dept of Community  
Medicine  
AIIMS Raebareli



## **Dr. Neeraj Pawar**

Assistant Professor  
Dept of Community  
Medicine  
AIIMS Raebareli



## **Dr. Vijay V R**

Associate Professor  
College of Nursing  
AIIMS Raebareli





# ADVISORY COMMITTEE



**Dr. P. C. Gupta**

Director  
Healis Sekhsaria  
Institute for Public  
Health



**Ms. Tshering D Bhutia**

Chief innovation Officer  
& Sr. VP  
Salaam Bombay  
Foundation



**Dr. Pankaj Chaturvedi**

Director ACTREC,  
Tata Memorial Centre



**Dr. Rana J Singh**

Director TC,  
South-East Asia,  
Vital Strategies



**Dr. Himanshu Gupta**

Vice President  
Narotam Sekhsaria  
Foundation



**Dr. Sonu Goel**

Director RCTC & Professor  
School of Public health  
PGIMER,  
Chandigarh



**Dr. Pawan Gupta**

Senior Director - Surgical  
Oncology, MAX Institute of  
Cancer Care,  
Patparganj and Noida

# State Advisory COMMITTEE

**Dr.Surya Kant Tripathi,**  
Professor & Head Department  
of Respiratory Medicine  
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**Dr.Kavita Arya**  
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DGMH , UP



**Dr.Mukesh Matanhelia**  
SNO-NTCP(UP)/JD-DGMH



**Mr.Satish Tripathi**  
State Consultant -NTCP, U.P.



**Mr.Vivek Awasthi**  
Executive Director  
U P Voluntary Health  
Association ( UPVHA)





# Institute Advisory Committee



**Dr. Pragati Garg**

Professor & Head  
Department of Ophthalmology  
AIIMS Raebareli



**Dr. Archana Verma**

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Department of Neurology  
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**Dr. Rajat Subhra Das**

Professor & Head  
Department of Anatomy  
AIIMS Raebareli



**Dr. Madhukar Mittal**

Professor & Head  
Department of Internal Medicine  
AIIMS, Raebareli

# ORGANIZING COMMITTEE

## COMMITTEE

RECEPTION COMMITTEE

PLENARY SESSION

SCIENTIFIC COMMITTEE

## IN CHARGE

Dr.Sourabh Paul  
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Dr.Anirudh Mukherjee  
(Mobile: 9568992434)

Dr.Neeraj Pawar  
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## MEMBERS

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Dr.Sourabh Paul

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Dr.Kanishka

# REGISTRATION

CATEGORY	EARLY (TILL 30 <sup>TH</sup> OCT)	LATE (1 <sup>ST</sup> NOV- 30 <sup>TH</sup> DEC)	ON - SPOT
UG STUDENTS*	₹ 1,500/-	₹ 2,000/-	₹ 2,500/-
PG STUDENTS**	₹ 4,000/-	₹ 5,000/-	₹ 6,000/-
DELEGATES	₹ 7,000/-	₹ 8,000/-	₹ 10,000/-
CO-DELEGATES	₹ 3,000/-	₹ 4,000/-	₹ 5,000/-
INTERNATIONAL / FOREIGN	₹ 14,000/-	₹ 16,000/-	₹ 20,000/-
GROUP REGISTRATION*** (>3)	₹ 6,000/- per person	₹ 7,000/- per person	₹ 9,000/- per person
PRE CONFERENCE WORKSHOP	₹ 1,250/-	₹ 1,500/-	₹ 2,000/-



18% GST will be applicable over and above the registration charges.



- \* Conference kit will **not** be provided. Food facility may be availed with an additional amount of Rs 2000/-
- \*\* Certificate from Head of Department will be required for PG students.
- \*\*\* Group registration is only allowed for participants from the same district or institute.

- ✓ Registration for workshops will be on first come first served basis.
- ✓ Conference kit for Spot registration will be subject to availability.
- ✓ Only first degree relatives: wife, husband, children, and parents are eligible to register as Co-delegates.
- ✓ Conference kit will not be provided to Co-Delegates.

#### SCAN & PAY



UPI ID: 4383214433@sbi

#### BANK DETAILS:

ACCOUNT NO : 43832144335  
ACCOUNT NAME : 7th NCTOH AIIMS RAEBARELI  
IFSC CODE : SBIN0064618  
Bank Name-State Bank of India  
Branch name- AIIMS Raebareli  
UPI- 4383214433@sbi

## CANCELLATION POLICY

- 50% refund (only registration charges) will be provided if cancellation done before 31<sup>st</sup> December 2025
- Refund will be initiated only after the conference
- Workshop registration fee will be non refundable
- No refund will be provided if cancellation is done after 31<sup>st</sup> December 2025

# ABSTRACT

## Call for Abstracts – NCTOH 2026

The Scientific Committee of NCTOH 2026 invites researchers, academicians, and professionals to submit abstracts for oral and poster presentations at the National Conference on Tobacco or Health (NCTOH) 2026, to be held at AIIMS Raebareli.

## Submission Guidelines

- ✓ Title: Clear, precise, and informative; avoid abbreviations.
- ✓ Authors: Include full names, affiliations, and contact details (email and phone number).
- ✓ Abstract Structure:
  - Background: Brief introduction and rationale.
  - Objectives: Key aims of the study.
  - Methods: Research design, approach, and analysis.
  - Results: Summary of findings.
- Conclusion: Implications and significance.
- ✓ Keywords: Provide 5 relevant keywords for indexing.
- ✓ Word Limit: Maximum 300 words (excluding title and author details).

**\*Abstract submission will open from 31<sup>st</sup> May , 2025 and closed by 31<sup>st</sup> October, 2025 by 5:00pm**



# Tourist Attractions Near Raebareli



**Jila Udyan (5 km)** A serene public park in Raebareli, Jila Udyan is perfect for relaxation and morning walks. It features lush greenery, well-maintained gardens, a small pond, and play areas. The park is a great spot for families and fitness enthusiasts. It provides a refreshing break from the city's hustle.

**Ganga Ghat, Dalmau (30 km)** A scenic riverside attraction, Ganga Ghat in Dalmau is known for its breathtaking sunsets, historical significance, and spiritual ambiance. It is an ideal place for peaceful reflection and photography. The ghat is lined with temples and old architecture, making it a cultural and religious hotspot.



## **Bird Sanctuary, Samaspur**

**(33 km)** Samaspur Bird Sanctuary is a haven for bird watchers and nature lovers. It hosts over 250 species of birds, including migratory species from distant lands. The wetland ecosystem supports rich biodiversity, making it an excellent location for wildlife photography and eco tourism..





### **Vilash Palace, Shivgarh (48 km)**

An architectural gem, Vilash Palace in Shivgarh is a historical royal residence surrounded by greenery. The palace showcases intricate designs and offers a glimpse into the grandeur of the past. It is a must-visit for history and heritage lovers exploring the Raebareli region

### **Bhakti Mandir, Mangarh (60 km)**

A magnificent spiritual complex, Bhakti Mandir in Mangarh is a sacred site dedicated to Hindu deities. The temple's intricate carvings, serene ambiance, and spiritual significance attract devotees and tourists alike. It is an excellent place for meditation and experiencing divine peace



### **Ram Mandir, Ayodhya (126 km)**

The newly constructed Ram Mandir in Ayodhya is one of the most revered Hindu temples in India. Dedicated to Lord Ram, it stands as a symbol of faith and devotion. The temple's grand architecture and religious significance make it a must-visit for pilgrims and history enthusiasts.



**Triveni Sangam, Prayagraj (129 km)** A sacred confluence of the Ganga, Yamuna, and mythical Saraswati rivers, Triveni Sangam is a major pilgrimage site in Hinduism. Taking a dip here is believed to cleanse sins. The location is also famous for the Kumbh Mela, attracting millions of devotees and spiritual seekers.



**Imambara, Lucknow (90 km)**

The Bara Imambara in Lucknow is an architectural marvel built in 1784 by Nawab Asaf-udDaula. It is famous for its massive central hall, intricate Mughal-era designs, and the mysterious Bhool Bhulaiya (labyrinth). A symbol of Lucknow's rich heritage, it attracts history buffs and tourists seeking a glimpse of regal splendor.







# List of Hotels Nearby

SR.NO	NAME OF HOTEL	DISTANCE FROM CONFERENCE VENUE	RATINGS	APPROX. PRICE CATEGORY (INCL. OF TAXES)	LINK
1	OM CLARKS INN SH36, FEROZ GANDHI NAGAR, RAEBARELI, UTTAR PRADESH	5.7 KM	THREE STAR	6,000 INR	<a href="#">Hotels in Raebareli near Railway Station   Om Clarks Inn – Close to Botanical Park &amp; Behta Bridge</a>
2	HOTEL PLEASANT VIEW MANIKA CINEMA ROAD, GANDHI NAGAR, RAEBARELI, UTTAR PRADESH	4.8 KM	THREE STAR	3,000 INR	<a href="#">Booking.com: Hotels in Rāe Bareli. Book your hotel now!</a>
3	HOTEL ASHIRWAD INN 225 SARVODAYA NAGAR, LUCKNOW HIGHWAY, NEAR ITI TURN, RAEBARELI, UTTAR PRADESH	5.5 KM	THREE STAR	3,000 INR	<a href="#">Hotel ASHIRWAD, Lucknow</a>
4	HOTEL SHANTI GRAND RAILWAY MODEL COLONY, RAEBARELI, UTTAR PRADESH	6.6 Km	THREE STAR	3,500 INR	<a href="#">Hotels in Raibareilly</a>

SR.NO	NAME OF HOTEL	DISTANCE FROM CONFERENCE VENUE	STAR	APPROX. PRICE CATEGORY (INCL. OF TAXES)	LINK
5	HOTEL THE ROYAL CROWN LUCKNOW – PRAYAGRAJ ROAD, DIDAULI, UTTAR PRADESH	9.3 Km	TWO STAR	2,500 INR	<a href="#">The Royal Crown Hotel Raibareilly – Reviews, Photos &amp; Offer</a>
6	RAMADA BY WYNDHAM LUCKNOW HOTEL & CONVENTION CENTRE, LUCKNOW, UTTAR PRDAESH*	83 KM	FIVE STAR	10,000 INR	<a href="#">Ramada Lucknow</a>
7	HOLIDAY INN, LUCKNOW, KANPUR RD, NEAR TRANSPORT NAGAR, SINDHUNAGAR, LUCKNOW, UTTAR PRADESH 226008*	82 km	FIVE STAR	10,000 INR	<a href="#">Lucknow Hotels, resorts, homestays and more   MakeMytrip.com</a>
8	TAJ MAHAL LUCKNOW GOMTI NAGAR EXT BYPASS ROAD, GOMTI NAGAR, LUCKNOW*	100 Km	FIVE STAR	20,000 INR	<a href="#">Agoda   Hotels in Lucknow   Best Price Guarantee</a>

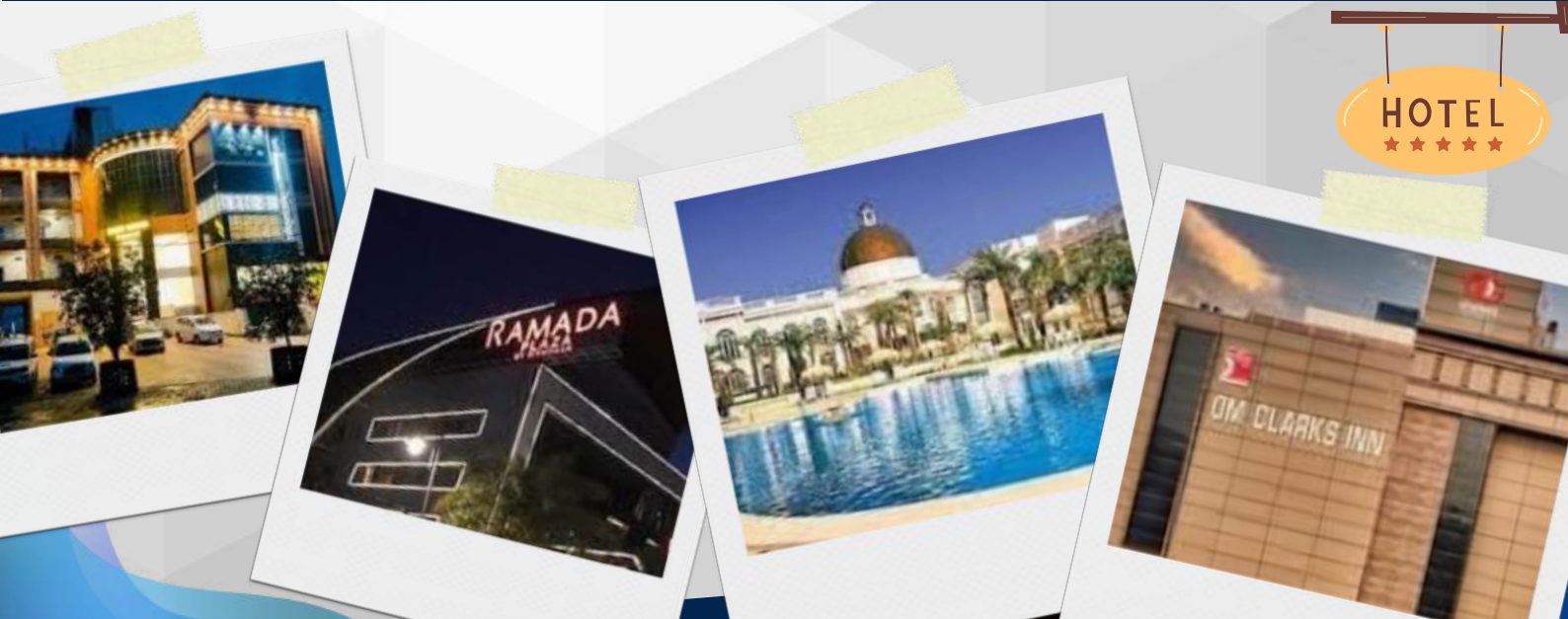




SR.NO	NAME OF HOTEL	DISTANCE FROM CONFERENCE VENUE	STAR	APPROX. PRICE CATEGORY (INCL. OF TAXES)	LINK
9	HOTEL THE ROYAL CROWN LUCKNOW – PRAYAGRAJ ROAD, DIDAULI, UTTAR PRADESH	10 Km	TWO STAR	2,500 INR	<a href="#">Raibareilly Hotels, resorts, homestays and more   MakeMytrip.com</a>
10	HOTEL GOLDEN DEEP NH-24 LUCKNOW TO ALLAHABAD HIGHWAY, RATAPUR CHAURHA, RAEBARELI, UTTAR PRADESH	2 KM	FIVE STAR	2,000 INR	<a href="#">HOTEL GOLDEN DEEP BOOK Raibareilly Hotel</a>
11	HOTEL SHREE GANESH PARADISE LUCKNOW HIGHWAY RAEBARELI, DIDAULI, UTTAR PRADESH	15 KM	THREE STAR	3,000 INR	<a href="#">Hotel Shree Ganesh Paradise by WB Inn BOOK Raibareilly BnB</a>

## Note:-

Prices may change subject to availability and participants are required to make their own arrangements for accomodation.



# AIIMS RAEBARELI AWAITS YOUR PRESENCE



## Contact Details

## 7<sup>th</sup> NCTOH 2026

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